

Breakfast Tacos

Bean & Cheese	1.69
Potato & Egg	1.99
Bacon & Egg	1.99
Bean & Bacon	1.99
Chorizo & Egg	2.29
Pork Sausage & Egg	2.29
Country Sausage & Egg	2.29
Carne Guisada	2.79
Barbacoa (all meat)	3.69

Additional items 49¢

**Add a Fried Egg to any
Taco, Plate or Bowl
Only 99¢**

Breakfast Plates

Huevos Rancheros*	5.99
Migas & Egg	7.99
Machacado & Egg	8.99
Chilaquiles Rancheros	7.99
Chicharron & Egg a la Mex	7.99
Barbacoa Plate*	9.99

** Served with 2 eggs any style
All plates served with beans,
potatoes and tortillas*

TNS EST. 1994

**Homemade Tortillas
& Salsa made Fresh Daily!**

Specialty Breakfast Tacos

Trash Can (a little of everything)	2.79
Machacado & Egg a la Mexicana	3.29
Migas & Egg (cheddar cheese)	2.89
Chorizo & Potato	2.29
Chorizo & Bean	2.29
Chilaquiles (jack cheese)	2.89
Egg a la Mexicana	2.59
Papa Ranchera	2.29
Beef Fajita & Egg a la Mexicana	3.29
T N S Special (fajita, potatoes, cheese, avocado)	2.99
Sausage & Potato Ranchera	2.69
Barbacoa (all meat)	3.69
Chicharron & Egg a la Mexicana	2.89
Carne Guisada Topped W/Fried Egg	3.79
Brisket & Egg a la Mexicana	3.29

Specialty Tacos

Carne Guisada (beef tips in gravy)	2.79
Beef Fajita (steak & grilled onions)	3.49
Chicken Fajita (grilled chicken breast & grilled onions)	3.29
Beef Fajita a la Mexicana (grilled steak, onions, tomato & jalapeños)	3.49
Chicken Fajita a la Mexicana (real chicken breast, onions, tomato & jalapeños)	3.39
Alambre (grilled steak, onions, jalapeño peppers, bacon topped with jack cheese)	3.49
Chicken Cilantro (grilled chicken breast, onions, topped with cilantro)	3.29
Carne Asada (grilled steak, onions & cilantro)	3.49
Picadillo (seasoned ground beef)	2.59
Picadillo Deluxe (cheese, lettuce & tomato)	3.29
Barbacoa (all meat)	3.69
Taco Norteño (refried beans, jack cheese, your choice beef or chicken fajita & avocado)	3.49
Taco Pirata (refried beans, cheese & beef or chicken fajita)	3.29
Veggie Taco (grilled onions, tomatoes, jalapeños, mushrooms, fresh spinach & jack cheese)	3.79
Street tacos (3) (steak or chicken)	7.99
Super Street Tacos (3) (steak or chicken n' topped with jack cheese & guacamole)	8.99
Commander (grilled steak, country sausage, onion topped with jack cheese)	3.49
Carne Guisada Deluxe (topped with fried egg & cheese)	4.29

TNS Queso, Quesadillas & Nachos

	Regular	Large		
Queso (includes chips)	2.99	4.99	Bean & Cheese Nachos	5.99
Quesadilla (cheese)		3.99	Super Beef Nachos (ground beef)	7.99
Quesadilla (beef or chicken)		5.99	Fajita Nachos	8.99
Quesadilla (picadillo)		5.99	Alambre Nachos	9.99
Quesadilla (mushrooms & spinach)		5.99		

TNS Tostadas

Barbacoa	4.99
(baked tortilla shell topped with refried beans, barbacoa fried egg, guacamole & salsa ranchera)	
Fajita	4.99
(refried beans, beef or chicken fajita, lettuce, tomatoes queso fresco, crema mexicana & fresh avocado)	
TNS Tostada	4.99
(refried beans, queso fresco, crema mexicana & guacamole)	

TNS Taco Plates

Fajita Taco Plate (beef or chicken)	9.99
Taco Norteño Plate (beef or chicken)	10.99
Street Tacos (3) (served on corn tortillas)	9.99
Super Street Tacos (3) (jack cheese n' avocado)	10.99
Carne Asada Taco Plate (grilled steak n' onions, cilantro)	9.99
Fajita a la Mexicana Taco Plate	9.99

**Taco Plates served with choice of beans, rice, Tea or fresh Limeade*

TNS Lunch Plates

Cheese Enchiladas	9.99
BF lover Enchiladas	9.99
Poquito de Todo (crispy taco, enchilada & a spoonful of delicious carne guisada)	10.99
Beef Fajita Plate (guacamole)	10.99
Chicken Fajita Plate (guacamole)	9.99
Carne Guisada Plate	9.99
Crispy Taco Plate (3)	9.99
Carne Asada Plate (guacamole)	10.99
Fajita a la Mexicana (guacamole)	10.99

TNS Combo Plates

Combo # 1 (2 cheese enchiladas, 1 crispy beef taco)	9.99
Combo # 2 (2 cheese enchiladas, 1 beef or chicken fajita taco)	9.99
Combo # 3 (1 carne guisada taco, 1 fajita beef taco)	9.99

** Lunch Plates/Combos served with choice of beans, rice, Tea or freshly squeezed Limeade*

TNS Bowls

Fajita Bowl (chicken or beef fajita)	8.99
Carne Guisada bowl (beef tips in gravy)	8.99
Carne Guisada bowl topped with fried Egg	9.99
Brisket Bowl (smoked pit brisket)	8.99
Alambre Bowl (rice, charro beans, topped with alambre)	9.99
Cowboy Bowl (fajita, country sausage & brisket)	9.99
Trio Bowl (chicken, beef fajita & coutry sausage)	9.99

** Bowls prepared with rice, charro beans & cheddar cheese*

** Bowls include Tea or fresh Limeade*

TNS-Lite

*All Under 600 Calories
Breakfast*

- Protein Plate**(scrambled eggs mixed with grilled tomato, onion, peppers beef or chicken fajitas & fresh spinach. Served with a side of fresh guacamole) 6.99
- Protein Plate Deluxe** (same as above topped with queso) 7.99
- Lean Omelette** (grilled onions, tomato, jalapeño peppers & fresh spinach and a dash of monterrey jack) 6.99
- Huevos Rancheros Lite** (2 eggs any style served with salsa ranchera and a side of fresh guacamole) 4.99
- Huevos Rancheros Salad** (bed of spinach topped with 2 fried eggs salsa ranchera & fresh avocado) 5.99

** Extra toppings may change calorie count*

Lunch Bowls

All Under 600 Calories

- Poblano Bowl**(beef or chicken fajita, black beans, fresh spinach, roasted poblano peppers topped with fresh guacamole) 8.99
- Chicken/Quinoa Bowl**(grilled chicken breast, quinoa, fresh spinach, queso fresco black beans and topped with fresh guacamole) 8.99
- Grill Chicken Bowl** (grilled chicken breast, spinach, tomato and fresh guacamole) 8.99
- Veggie Bowl** (grilled mushrooms, poblano peppers, tomato, onions, jalapeños fresh spinach & fresh avocado) 8.99

** Extra toppings may change calorie count*

TNS Salads

- Fajita Salad** (beef or chicken fajita) 9.99
- Taco Salad** (ground beef, chicken or beef fajitas) 9.99

*Limeade or Tea included
with lunch bowls and salads*

**Salads prepared with choice of protein, fresh Romaine Lettuce, Spinach, Cheddar & Jack Cheese, Tomatoes and fresh Avocado*



WE LOVE TO CATER
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